



|                               |
|-------------------------------|
| <b>Case Count</b>             |
| 6                             |
| <b>Case Gross Weight</b>      |
| 1.5 lbs.                      |
| <b>Case Dimensions</b>        |
| 7"d x 18 1/8"w x 13 7/8"h     |
| <b>Retail Unit Dimensions</b> |
| 1 3/8"d x 4 1/2"w x 6 1/2"h   |
| <b>Retail Unit Net Weight</b> |
| 3.5 oz                        |

**ORGANIC HOME STYLE MASHED POTATOES**

**Nutrition Facts**  
 Serving Size 1/3 cup as pkgd (25g)  
 1/2 cup prepared  
 Servings Per Container about 4

| Amount Per Serving            | As Packaged Prepared |                |
|-------------------------------|----------------------|----------------|
| <b>Calories</b>               | 90                   | 150            |
| Calories from fat             | 5                    | 60             |
| %Daily Value*                 | %Daily Value*        | %Daily Value** |
| <b>Total Fat 0g*</b>          | <b>0%</b>            | <b>9%</b>      |
| Saturated Fat 0g              | <b>0%</b>            | <b>5%</b>      |
| Trans Fat 0g                  |                      |                |
| <b>Cholesterol 0mg</b>        | <b>0%</b>            | <b>0%</b>      |
| <b>Sodium 190mg</b>           | <b>8%</b>            | <b>10%</b>     |
| <b>Total Carbohydrate 20g</b> | <b>7%</b>            | <b>7%</b>      |
| Dietary Fiber 2g              | <b>8%</b>            | <b>8%</b>      |
| Sugars 1g                     |                      |                |
| <b>Protein 2g</b>             |                      |                |
| Vitamin A                     | 0%                   | 6%             |
| Vitamin C                     | 8%                   | 8%             |
| Calcium                       | 2%                   | 6%             |
| Iron                          | 2%                   | 2%             |

\*Amount as packaged. Prepared contributes an additional 60 Calories (60 Calories from Fat) 6g total Fat, (1g Saturated Fat) 60mg Sodium, 1g Total Carbohydrate, 1g Protein.  
 \*\*Percent of Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients:**  
 Organic Potato Flakes  
 (organic potatoes, mono  
 and di-glycerides from  
 organic palm oil),  
 Organic Onion Powder,  
 Sea Salt,  
 Organic Black Pepper



**ORGANIC ROASTED GARLIC MASHED POTATOES**

**Nutrition Facts**  
 Serving Size 1/3 cup as pkgd (25g)  
 1/2 cup prepared  
 Servings Per Container about 4

| Amount Per Serving            | As Packaged Prepared |                |
|-------------------------------|----------------------|----------------|
| <b>Calories</b>               | 90                   | 150            |
| Calories from fat             | 5                    | 60             |
| %Daily Value*                 | %Daily Value*        | %Daily Value** |
| <b>Total Fat 0g*</b>          | <b>0%</b>            | <b>9%</b>      |
| Saturated Fat 0g              | <b>0%</b>            | <b>5%</b>      |
| Trans Fat 0g                  |                      |                |
| <b>Cholesterol 0mg</b>        | <b>0%</b>            | <b>0%</b>      |
| <b>Sodium 190mg</b>           | <b>8%</b>            | <b>10%</b>     |
| <b>Total Carbohydrate 20g</b> | <b>7%</b>            | <b>7%</b>      |
| Dietary Fiber 2g              | <b>8%</b>            | <b>8%</b>      |
| Sugars 1g                     |                      |                |
| <b>Protein 2g</b>             |                      |                |
| Vitamin A                     | 0%                   | 6%             |
| Vitamin C                     | 8%                   | 8%             |
| Calcium                       | 2%                   | 6%             |
| Iron                          | 2%                   | 4%             |

\*Amount as packaged. Prepared contributes an additional 60 Calories (60 Calories from Fat) 6g total Fat, (1g Saturated Fat) 60mg Sodium, 1g Total Carbohydrate, 1g Protein.  
 \*\*Percent of Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients:**  
 Organic Potato Flakes  
 (organic potatoes, mono  
 and di-glycerides from  
 organic palm oil), Organic  
 Onion Powder, Sea Salt,  
 Organic Roasted Garlic,  
 Organic Black Pepper



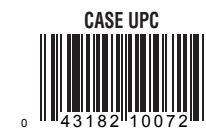
**CHREESY™ MASHED POTATOES**

**Nutrition Facts**  
 Serving Size 1/3 cup as pkgd (25g)  
 1/2 cup prepared  
 Servings Per Container about 4

| Amount Per Serving            | As Packaged Prepared |                |
|-------------------------------|----------------------|----------------|
| <b>Calories</b>               | 90                   | 150            |
| Calories from fat             | 5                    | 60             |
| %Daily Value*                 | %Daily Value*        | %Daily Value** |
| <b>Total Fat 0.5g*</b>        | <b>1%</b>            | <b>11%</b>     |
| Saturated Fat 0g              | <b>0%</b>            | <b>5%</b>      |
| Trans Fat 0g                  |                      |                |
| <b>Cholesterol 0mg</b>        | <b>0%</b>            | <b>0%</b>      |
| <b>Sodium 190mg</b>           | <b>8%</b>            | <b>10%</b>     |
| <b>Total Carbohydrate 18g</b> | <b>6%</b>            | <b>6%</b>      |
| Dietary Fiber 3g              | <b>12%</b>           | <b>12%</b>     |
| Sugars 1g                     |                      |                |
| <b>Protein 4g</b>             |                      |                |
| Vitamin A                     | 0%                   | 6%             |
| Vitamin C                     | 6%                   | 6%             |
| Calcium                       | 2%                   | 6%             |
| Iron                          | 4%                   | 4%             |

\*Amount as packaged. Prepared contributes an additional 60 Calories (60 Calories from Fat) 7g total Fat, (1g Saturated Fat) 60mg Sodium, 1g Total Carbohydrate, 1g Protein.  
 \*\*Percent of Daily Values (DV) are based on a 2,000 calorie diet.

**Ingredients:**  
 Organic Potato Flakes  
 (organic potatoes, mono and  
 di-glycerides from organic palm oil),  
 Cheddar Style Cheese®  
 (Vegetarian Support Nutritional  
 Yeast (yeast, niacin, pyridoxine  
 hydrochloride, riboflavin (vitamin  
 B2), thiamine hydrochloride (vitamin  
 B1), folic acid, vitamin B12),  
 Nutritional Yeast, Organic Onion  
 Powder, Organic Garlic Powder, Sea  
 Salt, Organic Ground Mustard Seed,  
 Annatto Powder).



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