

Native Forest® presents quartered natural artichoke hearts packed in our exclusive marinade featuring extra-virgin olive oil and Mediterranean spices.

Native Forest Artichokes are consistently flavorful, tender and delicious. Enjoy!

Serving Suggestion: Pour the contents of this jar over cut and washed salad greens to create a fantastic artichoke salad with Mediterranean dressing.

Hint: Add sliced **Native Forest Organic Hearts of Palm** for a delicious "Hearts Salad". Refrigerate unused portion and enjoy within four days.

All
Natural



Packed in
Extra-Virgin
Olive Oil

Marinated

Quartered

**ARTICHOKE
HEARTS**



NET WT 6oz 170g

Ingredients: Artichoke Hearts (quartered), Water, Extra-Virgin Olive Oil, Salt, Acetic Acid, Spices (dehydrated tomato, oregano, cayenne, basil, cilantro, marjoram, garlic, parsley), Citric Acid, Ascorbic Acid.

Dist. by **Edward & Sons Trading Co., Inc.**
P.O. Box 1326
Carpinteria, CA 93014 USA
Convenience Without Compromise®
PRODUCT OF ECUADOR

Nutrition Facts Serv Size: 1oz (28g),
Servings: about 6, Amount Per Serving: Calories
20, Fat Cal. 20, Total Fat 2g (2% DV), Sat. Fat 0g
(0% DV), *Trans* Fat 0g (0% DV), Cholest. 0mg (0% DV),
Sodium 30mg (1% DV), Total Carb. 0g (0% DV),
Fiber 1g (6% DV), Sugars 0g, Protein 0g, Vitamin A
(1% DV), Vitamin C (7% DV), Calcium (2% DV), Iron
(5% DV). Percent Daily Values (DV) are based on
a 2,000 calorie diet.

www.edwardandsons.com
©2011 Edward & Sons Trading Co., Inc.

VB01_15



Marinated & Quartered
ARTICHOKE HEARTS



0 43182 00894 5

